

MONDAY - SATURDAY<br>8:00 AM - 4:00 PM<br>T. (998) 741-4906

Av [oba \#47 5M. 4
[ANLÚN MÉXILO


## JUICES

DETOX 1
Orange juice, spinach, parsley, cucumber and lime.

DETOX 2
Orange juice, papaya and carrot.

ANTIOX
Orange juice, strawberry and banana juice.

## ANTIFLU

Orange juice, grapefruit, carrot, nopal and lime.

## ENERGY

Carrot, beet, orange, apple and lime juice.

FORZA
Orange juice, apple, carrot and celery.

## BURNER

Grapefruit juice, carrot and ginger juice.

## RESET

Orange juice, celery, parsley and pineapple.

MEDIUM (14oz) \$50 LARGE (20oz) \$75

## CROISSANTS

## HAM \& CHEESE <br> \$60

Avocado, tomato, green salad, turkey breast, gouda cheese and chimichurri.

## HUMMUS <br> \$85

Avocado, beet or chipotle hummus, roasted vegetables (carrot, pumpkin, mushrooms,onions) and green salad.

## HEALTHY SNACKS

CHIA PUDDING \$95 (260grs)
Activated chia with coconut milk, granola, strawberry, banana, kiwi, toasted coconut, homemade mango chutney and praline cocoa nibs.

OVERNIGHT OATS (270grs) \$90
Activated oats, caramelized apple, granola, strawberry, banana, blueberry, toasted coconut, hemp seeds, and cardamom-infused honey.

YOGURT \$90 (250grs)
Greek yogurt base, caramelized figs, apple, grapes, granola and truffle honey.

FRUITS \$85 (220grs)
Seasonal tropical fruits, amaranth and honey infused with ginger.

## AÇAI BOWL \$145

Acai base with mix of berries and cocounut milk, banana, strawberry, kiwi, apple, grated coconut, granola, amaranth and chia seeds.
*The fruits (4) or toppings (4) can change.

## WAFFLE

ESPECIAL \$95
FRUIT (BANANA AND STRAWBERRY) +1 TOPPING
Toppings: NUTELLA / CAJETA / MAPLE /
PHILADELPHIA / CONDENSED MILK (LECHERA)
*Includes honey and a touch of butter.

## SMOOTHIES (20oz) \$95

ACAI
Strawberry, apple, banana, açaí, date, granola and coconut milk.

## BERRY MIX

Strawberry, blackberry, raspberry, blueberry, banana, date, mint, ginger and coconut milk.

BLUE
Mango, banana, spirulina, grated coconut and coconut milk.

## CARBON

Blueberry, banana, avocado, date, spirulina, activated charcoal, sliced almonds and coconut milk

## COCOA

Fermented cocoa bean, banana, date, avocado, vanilla, cinnamon, praline cocoa nibs and coconut milk.

## GREEN

Pineapple, spinach, mint, mango, banana, avocado, date, spirulina and coconut water.

ORANGE
Papaya, orange, banana, ginger, turmeric, honey and coconut milk.

PINK
Strawberry, banana, beet, cinnamon, vanilla and coconut milk.

## PURPLE

Beets, açaí, mango, banana, date, activated chia, red grape and coconut milk.

## YELLOW

Mango, banana, turmeric, basil, ginger, lemon, mint, almond and coconut milk.

EXTRA $\mathbf{+} \mathbf{\$ 1 5}$ / ADD PROTEIN $\mathbf{+ 5 5 5}$
SUPERFOODS: CHIA / HEMP SEEDS / SPIRULINA /
CURCUMA / MACA / COCOA ALKALINE

## AVOCADO TOAST

## HUMMUS \$115

Slice of multigrain artisan bread, avocado, toasted pepitas, mix of green leaves, hemp seeds, house dressing and hummus to choose between garlic, chipotle or beets.

## FIGS \$110

Slice of multigrain artisan bread, avocado, caramelized figs, beet hummus, goat cheese, green leaf mix and balsamic vinegar reduction.

## TUNA \$95

Slice of multigrain artisan bread, avocado, tuna salad, boiled egg, citrus aioli and mix of green leaves.

## SALMON \$145

Slice of multigrain artisan bread, avocado, smoked salmon, lettuce mix, cherry tomato, balsamic vinegar reduction and sesame seeds.

## VEGGIES \$100

Slice of multigrain artisan bread, avocado, chipotle hummus, roasted vegetables, lettuce mix with house pesto and balsamic vinegar reduction.

## SERRANO HAM \$135

Slice of multigrain artisan bread, avocado, serrano ham, parmesan slices, mixed lettuce, cherry tomato and home recipe vinaigrette.

## BOWLS

SALMON BOWL \$190
Grains + rice or quinoa, smoked salmon, jocoque, goat cheese, arugula, mixed leaves from the garden, tomato, cucumber, avocado, balsamic reduction and pesto.

## TUNA BOWL \$145

Grains + rice grains or quinoa, tuna, boiled egg, cherry tomato, cucumber, avocado, citrus aioli, paprika, mix of leaves from the garden and a touch of olives stuffed with anchovies.

VEGGIE BOWL \$155
Grains + rice or quinoa, hummus, roasted vegetables, goat cheese, citrus aioli, pesto, green leaves, tomato, cucumber, carrot and avocado.

## PANINIS

## TRIPLE B \$50

Baguette bread, turkey ham, gouda cheese and homemade chimichurri.

VEGGIES \$110
Artisanal ciabatta bread, chipotle hummus, roasted vegetables, goat cheese, mixed green leaves, homemade pesto and citrus aioli.

ROAST BEEF \$135
Artisanal ciabatta bread, roast beef, arugula, tomato, blue cheese, pickles, gouda cheese and house dressing.

SERRANO \$145
Artisanal ciabatta bread, pesto and house dressing, serrano ham, parmesan slices, dehydrated tomatoes and mix of green leaves.

## PITA

## SMOKED SALMON \$155

Pita bread, jocoque, smoked salmon, goat cheese, arugula, homemade pesto, avocado, cucumber, tomato and balsamic vinegar dressing.

## ROAST BEEF \$145

Pita bread, dijon mustard, roast beef, gouda cheese, arugula, pickles, blue cheese, and house dressing.

## VEGGIES \$140

Pita bread, avocado, chipotle or beet hummus, roasted vegetables, balsamic vinegar dressing and mix of lettuce with a touch of pesto.

## CAFÉ

ESPRESSO \$40 DOUBLE ESPRESSO \$50
ESPRESSO AMERICANO
10oz \$40 16oz \$50
CAPUCCINO
10oz \$50 / 16oz. \$60
CHOCOLATE (FRIO O CALIENTE)
10oz \$50 / 16oz. \$60
LATTE
10oz \$50 / 16oz \$60
PINK LATTE
14oz \$65 20oz \$85
ICED LATTE
10oz \$50 16oz. \$60
ESPRESSO TONIC (20oz) 1-SHOT \$85 2-SHOTS \$95
TÉ (10oz) \$40
*Almond, soy, oat or coconut milk + \$5

## BREAD

CROISSANT \$30

CHOCOLATINE \$40
*CARROT CAKE \$50
*BANANA / ORANGE BREAD \$50
*COOKIES (HOMEMADE) \$25

## SOFT DRINKS

WATER 500 ml \$15
WATER 1LT \$25
REGULAR COKE 355ML \$20
COKE LIGHT 355ML \$20
PELLEGRINO FLAV MINERAL W 330ML \$45
PERRIER MINERAL WATER \$50
GATORADE 350ML \$25
COCONUT WATER 330ml \$35
ELECTROLIT 625ml \$35
FUZE TEA 600ml \$29
TONIC WATER (SCHWEPPES) 296ml \$25
TEA KUNKO YERBA MATE \$49

## SNACKS

| PRINGLES 40gr | $\mathbf{\$ 3 5}$ |
| :--- | ---: |
| SLIM POP POPCORN 25gr | $\mathbf{\$ 2 0}$ |
| VEGGIE CHIPS 28gr | $\mathbf{\$ 3 5}$ |
| GLORIA 20gr | $\mathbf{\$ 1 2}$ |

\$35
\$20 \$35

GLORIA 20gr
\$12

OUR PRICES ARE IN MEXICAN CURRENCY
Tip is not included.
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MARCH 2023 MENU. THE PRICE OF SOME PRODUCTS MAY BE SUBJECT TO CHANGES.

