

MONDAY - SATURDAY 8:00 AM - 4:00 PM T. (998) 741-4906

Av Coba #47 5M.4 CANCÚN MÉXICO

# JUICES

DETOX 1 Orange juice, spinach, parsley, cucumber and lime.

DETOX 2 Orange juice, papaya and carrot.

ANTIOX Orange juice, strawberry and banana juice.

ANTIFLU Orange juice, grapefruit, carrot, nopal and lime.

ENERGY *Carrot, beet, orange, apple and lime juice.* 

FORZA Orange juice, apple, carrot and celery.

BURNER Grapefruit juice, carrot and ginger juice.

RESET Orange juice, celery, parsley and pineapple.

MEDIUM (14oz) \$50 LARGE (20oz) \$75

# **HEALTHY SNACKS**

CHIA PUDDING **\$95** (260grs) Activated chia with coconut milk, granola, strawberry, banana, kiwi, toasted coconut, homemade mango chutney and praline cocoa nibs.

OVERNIGHT OATS (270grs) **\$90** Activated oats, caramelized apple, granola, strawberry, banana, blueberry, toasted coconut, hemp seeds, and cardamom-infused honey.

YOGURT **\$90** (250grs) Greek yogurt base, caramelized figs, apple, grapes, granola and truffle honey.

FRUITS **\$85** (220grs) Seasonal tropical fruits, amaranth and honey infused with ginger.

AÇAI BOWL **\$145** Acai base with mix of berries and cocounut milk, banana, strawberry, kiwi, apple, grated coconut, granola, amaranth and chia seeds.

\*The fruits (4) or toppings (4) can change.

# CROISSANTS

HAM & CHEESE **\$60** Avocado, tomato, green salad, turkey breast, gouda cheese and chimichurri.

HUMMUS **\$85** Avocado, beet or chipotle hummus, roasted vegetables (carrot, pumpkin, mushrooms,onions) and green salad.

# WAFFLE

ESPECIAL **\$95** FRUIT (BANANA AND STRAWBERRY) + 1 TOPPING

Toppings: NUTELLA / CAJETA / MAPLE / PHILADELPHIA / CONDENSED MILK (LECHERA)

\*Includes honey and a touch of butter.

# SMOOTHIES (20oz) \$95

#### ACAI

Strawberry, apple, banana, açaí, date, granola and coconut milk.

#### **BERRY MIX**

Strawberry, blackberry, raspberry, blueberry, banana, date, mint, ginger and coconut milk.

#### BLUE

Mango, banana, spirulina, grated coconut and coconut milk.

### CARBON

Blueberry, banana, avocado, date, spirulina, activated charcoal, sliced almonds and coconut milk

#### COCOA

Fermented cocoa bean, banana, date, avocado, vanilla, cinnamon, praline cocoa nibs and coconut milk.

#### GREEN

Pineapple, spinach, mint, mango, banana, avocado, date, spirulina and coconut water.

#### ORANGE

Papaya, orange, banana, ginger, turmeric, honey and coconut milk.

#### PINK

Strawberry, banana, beet, cinnamon, vanilla and coconut milk.

#### PURPLE

Beets, açaí, mango, banana, date, activated chia, red grape and coconut milk.

#### YELLOW

Mango, banana, turmeric, basil, ginger, lemon, mint, almond and coconut milk.

EXTRA **+\$15** / ADD PROTEIN +**\$55** SUPERFOODS: CHIA / HEMP SEEDS / SPIRULINA / CURCUMA / MACA / COCOA ALKALINE

## **AVOCADO TOAST**

### HUMMUS **\$115**

Slice of multigrain artisan bread, avocado, toasted pepitas, mix of green leaves, hemp seeds, house dressing and hummus to choose between garlic, chipotle or beets.

#### FIGS **\$110**

*Slice of multigrain artisan bread, avocado, caramelized figs, beet hummus, goat cheese, green leaf mix and balsamic vinegar reduction.* 

#### TUNA **\$95**

Slice of multigrain artisan bread, avocado, tuna salad, boiled egg, citrus aioli and mix of green leaves.

#### SALMON \$145

*Slice of multigrain artisan bread, avocado, smoked salmon, lettuce mix, cherry tomato, balsamic vinegar reduction and sesame seeds.* 

#### VEGGIES \$100

*Slice of multigrain artisan bread, avocado, chipotle hummus, roasted vegetables, lettuce mix with house pesto and balsamic vinegar reduction.* 

#### SERRANO HAM \$135

*Slice of multigrain artisan bread, avocado, serrano ham, parmesan slices, mixed lettuce, cherry tomato and home recipe vinaigrette.* 

# BOWLS

#### SALMON BOWL \$190

Grains + rice or quinoa, smoked salmon, jocoque, goat cheese, arugula, mixed leaves from the garden, tomato, cucumber, avocado, balsamic reduction and pesto.

### TUNA BOWL \$145

Grains + rice grains or quinoa, tuna, boiled egg, cherry tomato, cucumber, avocado, citrus aioli, paprika, mix of leaves from the garden and a touch of olives stuffed with anchovies.

#### VEGGIE BOWL \$155

Grains + rice or quinoa, hummus, roasted vegetables, goat cheese, citrus aioli, pesto, green leaves, tomato, cucumber, carrot and avocado.

## PANINIS

TRIPLE B**\$50**Baguette bread, turkey ham, gouda cheese and<br/>homemade chimichurri.

## VEGGIES **\$110** Artisanal ciabatta bread, chipotle hummus, roasted

vegetables, goat cheese, mixed green leaves, homemade pesto and citrus aioli.

### ROAST BEEF \$135

Artisanal ciabatta bread, roast beef, arugula, tomato, blue cheese, pickles, gouda cheese and house dressing.

### SERRANO **\$145**

Artisanal ciabatta bread, pesto and house dressing, serrano ham, parmesan slices, dehydrated tomatoes and mix of green leaves.

## PITA

#### SMOKED SALMON \$155

Pita bread, jocoque, smoked salmon, goat cheese, arugula, homemade pesto, avocado, cucumber, tomato and balsamic vinegar dressing.

### ROAST BEEF **\$145**

Pita bread, dijon mustard, roast beef, gouda cheese, arugula, pickles, blue cheese, and house dressing.

### VEGGIES \$140

Pita bread, avocado, chipotle or beet hummus, roasted vegetables, balsamic vinegar dressing and mix of lettuce with a touch of pesto.

# CAFÉ

ESPRESSO \$40 DOUBLE ESPRESSO \$50 ESPRESSO AMERICANO 10oz \$40 16oz \$50 CAPUCCINO 10oz \$50 / 16oz. \$60 CHOCOLATE (FRIO O CALIENTE) 10oz \$50 / 16oz. \$60 LATTE 10oz \$50 / 16oz \$60 PINK LATTE 14oz **\$65** 20oz \$85 ICED LATTE 10oz **\$50** 16oz. **\$60** ESPRESSO TONIC (20oz) 1-SHOT \$85 2-SHOTS \$95 TÉ (10oz) **\$40** \*Almond, soy, oat or coconut milk + \$5

## BREAD

CROISSANT	\$30
CHOCOLATINE	\$40
*CARROT CAKE	\$50
*BANANA / ORANGE BREAD	\$50
*COOKIES (HOMEMADE)	\$25

## **SOFT DRINKS**

WATER 500ml	\$15
WATER 1LT	\$25
REGULAR COKE 355ML	<b>\$20</b>
COKE LIGHT 355ML	\$20
PELLEGRINO FLAV MINERAL W 330ML	\$45
PERRIER MINERAL WATER	\$50
GATORADE 350ML	\$25
COCONUT WATER 330ml	\$35
ELECTROLIT 625ml	\$35
FUZE TEA 600ml	<b>\$29</b>
TONIC WATER (SCHWEPPES) 296ml	\$25
TEA KUNKO YERBA MATE	\$49

## **SNACKS**

PRINGLES 40gr	\$35
SLIM POP POPCORN 25gr	\$20
VEGGIE CHIPS 28gr	\$35
GLORIA 20gr	\$12

OUR PRICES ARE IN *MEXICAN CURRENCY* **Tip is not included.** 

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MARCH 2023 MENU. THE PRICE OF SOME PRODUCTS MAY BE SUBJECT TO CHANGES.